



Alpinschule **Drei Zinnen** **Tre Cime** Scuola di Alpinismo



MOUNTAIN GUIDES

sexten **sesto**

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COURSES
SUMMER
☀️ **2025**



DREI ZINNEN / TRE CIME
NORMALWEGE / VIE NORMALI / NORMAL ROUTES

Unvergessliche Klettertour über den Normalweg auf die majestätischen Zinnen: Große, Westliche und Kleine Zinne.

Scalata indimenticabile lungo la via normale sulla vetta delle maestose Cime: Cima Grande, Cima Ovest e Cima Piccola.

Unforgettable climbing tour via the normal route to the majestic Dolomites peaks: Cima Grande, Cima Ovest e Cima Piccola.

1: €520, 2: €670



2 DAYS TRAINING PACKAGE

GROSSE ZINNE – TRAININGSPAKET
Niveau einschätzen, trainieren und Gipfel erklettern
PAKET 1: Klettersteig Paternkofel (in Gruppe) & Große Zinne
PAKET 2: Klettertag an den Cinque Torri & Große Zinne

CIMA GRANDE DI LAVAREDO – PACCHETTO ALLENAMENTO
Valutazione del livello, allenamento, alla vetta
PACCHETTO 1: via ferrata Monte Paterno (in gruppo) & Cima Grande
PACCHETTO 2: giornata di arrampicata alle 5 Torri & Cima Grande

CIMA GRANDE DI LAVAREDO – TRAINING PACKAGE
Evaluation of level, training, climb to the top
PACKAGE 1: Via ferrata Monte Paterno (in group) & Cima Grande
PACKAGE 2: Climbing day at 5 Torri & Cima Grande di Lavaredo

1: €620, 2: €1050 / 3: €910, 4: €1080



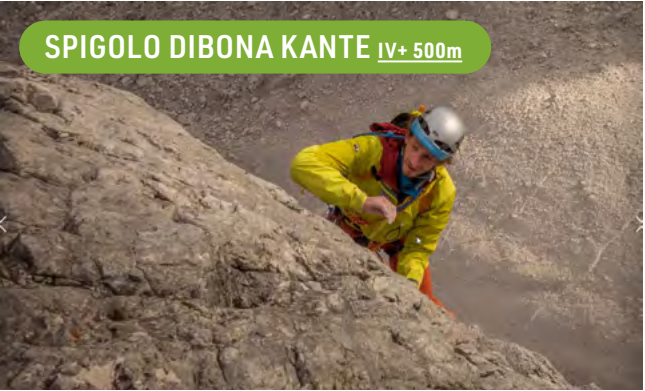
ZINNFIZIERT VI+ 400m

1: €695, 2: €920



GELBE KANTE / SPIGOLO GIALLO VI+ 350m

1: €695, 2: €920



SPIGOLO DIBONA KANTE IV+ 500m

1: €685, 2: €900



COMICI VII 550m

1: €900





CINQUE TORRI

🧑 €165 (min 3)

group FRIDAY private DAILY



PUNTA FIAMES
SPIGOLO JORI KANTE v 550m

🧑 €665, 🧑🧑 €870



PRIVATE CLIMBING

Dein Traumgipfel, perfekt abgestimmt auf deine Fähigkeiten und Wünsche, wartet darauf, von dir erklettert zu werden.

La tua cima da sogno, perfettamente adattata alle tue capacità e desideri, ti aspetta per essere scalata.

Your dream summit, perfectly tailored to your abilities and desires, awaits to be climbed by you.



PATERNKOFEL / MONTE PATERNO

🧑 €170 (min 3)

group TUESDAY private DAILY



TOBLINGER KNOTEN / TORRE TOBLIN

🧑 €160 (min 3)

group WEDNESDAY private DAILY



ALPINISTEIG / STRADA DEGLI ALPINI

🧑 €170 (min 3)

group THURSDAY private DAILY



ARZALPENTURM /
VIA FERRATA CAMPANILE COLESEI

🧑 €175 (min 3)

group SATURDAY private DAILY



FANESSCHLUCHT / GOLA DI FANES

👤 €110 (min 4)

group TUESDAY private DAILY



KLETTERSTEIG HEXENSTEIN / FERRATA SAS DE LA STRIA

👤 €160 (min 3)

group FRIDAY private DAILY



KIDS ON THE ROCK

👤 €63 (min 6)

group THURSDAY private DAILY



LEICHTE EINSTIEGSWANDERUNG
ESCURSIONE FACILE
EASY HIKE

👤 €40

group MONDAY



MITTELSCHWERE WANDERUNG
ESCURSIONE DI MEDIA DIFFICOLTÀ
MODERATELY CHALLENGING HIKE

👤 €40 (min 3)

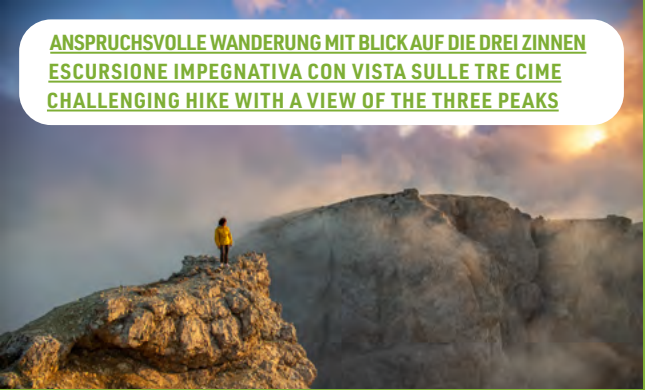
group WEDNESDAY



MITTELSCHWERE THEMENWANDERUNG
ESCURSIONE TEMATICA DI MEDIA DIFFICOLTÀ
MODERATELY CHALLENGING THEMED HIKE

👤 €40 (min 3)

group TUESDAY



ANSPRUCHSVOLLE WANDERUNG MIT BLICK AUF DIE DREI ZINNEN
ESCURSIONE IMPEGNATIVA CON VISTA SULLE TRE CIME
CHALLENGING HIKE WITH A VIEW OF THE THREE PEAKS

👤 €50 (min 3)

group FRIDAY



(FAST) ALLES IST MÖGLICH

Egal, ob du deine Technik verbessern, einfach nur deinen Traumgipfel besteigen möchtest oder neue Herausforderungen suchst. Wir bieten maßgeschneiderte Touren (Tagestouren, Mehrtagestouren, Reisen) in allen alpinen Disziplinen und verwirklichen deine individuelle Traumtour.

DEIN TRAUM

(QUASI) TUTTO È POSSIBILE

Che tu desideri perfezionare la tua tecnica, affrontare nuove sfide o conquistare la vetta dei tuoi sogni, offriamo tour su misura in tutte le discipline alpine, trasformando la tua aspirazione in un'esperienza unica e personalizzata.

IL TUO SOGNO

(ALMOST) EVERYTHING IS POSSIBLE

Whether you seek to perfect your technique, embrace new challenges, or reach the summit of your dreams, we offer bespoke tours across all alpine disciplines, transforming your ambition into an unforgettable, personalized adventure.

YOUR DREAM

HIKING



ab/da/from €330 (all in)

DAILY

CLIMBING



ab/da/from €460 (all in)

DAILY

VIA FERRATA



ab/da/from €495 (all in)

DAILY

FAMILY



ab/da/from €440 (all in)

DAILY



TRILOGY DREI ZINNEN / TRE CIME
3 NORMAL ROUTES

🧑 €1420, 🧑🧑 €1850

DAILY



TRILOGY DREI ZINNEN / TRE CIME
3 TOURS IV-V

🧑 €1680, 🧑🧑 €2200

DAILY



TRILOGY DREI ZINNEN / TRE CIME
3 TOURS VI

🧑 €1890, 🧑🧑 €2470

DAILY



SEXTEN SONNENUHR /
MERIDIANA DI SESTO 5 TOURS

🧑 €2600, 🧑🧑 €3380

DAILY



KLASSIKER / CLASSICS VIA FERRATA

27.7.-30.7.2026

29.8.-1.9.2026



SICHER WANDERN
ESCURSIONI IN SICUREZZA
SAFE HIKING

28.-29.6.2026



PRAGS / BRAIES - SEXTEN / SESTO HIKING

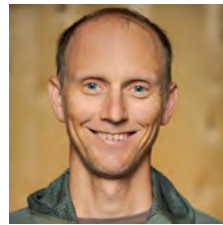
2.-6.7.2026



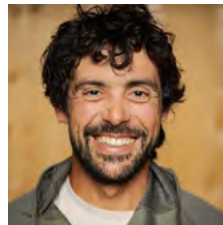
SAFETY COURSE VIA FERRATA

8.-9.7.2026

MOUNTAIN GUIDES



Christian – CEO
+39 349 618 61 76



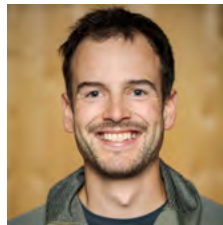
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Felix
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Hannes E.
+39 348 399 0686



Hannes Pf.
+39 348 127 26 07



Helmut
+39 348 354 78 93



Joe
+39 348 715 62 39



Robert
+39 335 681 92 91

HIKING GUIDES



Alice



Ulli

OFFICE



Jakob



Steffie



Brigitte

FREELANCE MOUNTAIN GUIDES



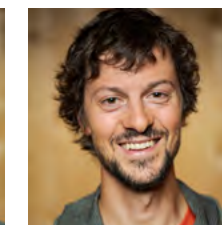
Heini



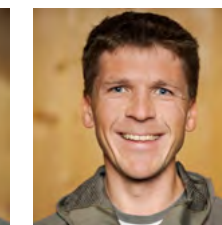
Martin



Mirco



Raffaele



Matthias

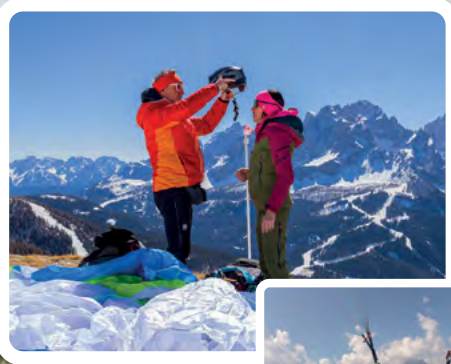


Andy



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Mitterberg 17 Via Monte di Mezzo

Ge ffnet von Juni bis Oktober

Aperto da giugno a ottobre



L rchenh tte
Rifugio Larice
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CLUB ALPINO ITALIANO



Zsigmondy-Hütte
RIFUGIO COMICI 2.224m

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zsigmondyhutte.com



Teil des Klettersteighöhenweges:
DOLOMITEN OHNE GRENZEN

Parte dell'alta via di percorsi attrezzati:
DOLOMITI SENZA CONFINI

MALGA POPENA

Piatti tipici e prodotti del territorio
In prossimità della strada

Typische Gerichte und lokale Produkte
Ganz in der Nähe der Straße

Dobbiaco Toblach Carbonin Schludersbach Misurina Auronzo di Cadore

un'ESPERIENZA per SPIRITO, FISICO, e GOLA
ein ERLEBNIS für GEIST, KÖRPER und GAUMEN

Attività della
COOPERATIVA AGRICOLA AURONZO

MALGA MARAIA

Piatti tipici e prodotti del territorio
Facilmente raggiungibile anche in auto

Typische Gerichte und lokale Produkte
Leicht mit dem Auto erreichbar

Dobbiaco Toblach Carbonin Schludersbach Misurina Auronzo di Cadore

malghemaraiapopena.it

PARTNERBETRIEBE WANDERUNGEN

Für Gäste, die in einem unserer Sommer-Partnerbetriebe nächtigen, ist die Teilnahme an den Gruppenwanderungen am Montag, Dienstag, Mittwoch und Freitag kostenlos.

ALLOGGI ASSOCIATI ESCURSIONI

Per gli ospiti che alloggiano negli esercizi associati la partecipazione alle escursioni in gruppo di lunedì, martedì, mercoledì e venerdì è gratuita.

HIKES BY PARTNER ORGANISATIONS

Participation in any of the group hikes on Monday, Tuesday, Wednesday, and Friday is free of charge for guests staying with one of our partner accommodations.



Aparthotel Gamz

Appartements Mayr

Appartements Michael

Ariane's Guesthouse

B&B Hotel Tonyhof

Biovita Hotel Alpi ***

Family Resort Rainer

Garni Bergland

Gasthof Panorama

Hotel Alpenblick

Hotel Dolomitenhof

Hotel Gruber***s

Hotel Royal

Hotel Schönblick ***s

Hotel Waldheim Sexten ***s

Hotel Willy

Im Wiesengrund Apartments

Kinigerhof Sexten

Reidenhof Urlaub auf dem Bauernhof

Residence Summerer am Ort

Residence Villa Maria

Rocca Apartments

Schuischta Mountain Apartments

Weberhof B&B

hotel-gamz.com

mayr.bz.it

appartements-michael.com

arianes.it

tonyhof.it

hotel-alpi.com

familyresort-rainer.com

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kinigerhof.com

reiden.it

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villamaria.bz

rocca-apartments.com

schuischta.com

weber-hof.com



CLIMBING FOR KIDS INDOORS

AT THE CLIMBING GYM

FUN ON INDOOR CLIMBING WALLS!

👤 €25 (min 6)

TUESDAY ☀️ 16.00-18.00



PRIVATE CLIMBING LESSONS

PRIVATE KLETTERSTUNDEN
(KINDER + ERWACHSENE)

LEZIONI INDIVIDUALI D'ARRAMPICATA
(BAMBINI + ADULTI)

PRIVATE CLIMBING LESSONS
(CHILDREN + ADULTS)

👤 53 € /h (+ 10 € * 👤 /h)
entry + equipment NOT included

DAILY